

# When you've heard there's jobs in support work.....

*(but don't know what it is)*

## **What do support workers help with?**

*Often the everyday tasks that others may simply take for granted.*

## **Where do they work?**

Mostly in people's homes or in the community.

## **Who do they work with?**

Everyday people who need a bit of help in their everyday life.

They may be older, have a disability, or need help after a crisis in their life.



## **WHERE ORDINARY TASKS MAKE EXTRA-ORDINARY DIFFERENCE**

- Assisting with shopping and running errands (paying bills etc)
- Helping people with tidying or cleaning in the home
- Supporting people at appointments
- Helping with the activities of daily life, like preparing meals
- Arranging social activities or trips to see family or friends
- Providing mentoring or emotional support
- Personal assistance with hygiene, grooming, getting dressed

**Ask about the positions available now!**



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